

NEWS LETTER

www.vashishthomoeo.com

email. Vashisht_homoeopharma@hotmail.com

AZADIRACHTA INDICA (Neem)

The Effect of a Homeopathic AZADIRACHTA INDICA (Neem) Preparation for the Prophylaxis of Malaria – An exploratory trial in an at-home setting in Tanzania

In natural medicine, the neem tree (*Azadirachta indica*) is recognized as an effective treatment for many diseases. It has been used in India for thousands of years. The first records of its use date from as long as 4,500 years ago.

Neem tree (*Azadirachta indica*) is recognized as an effective treatment for many diseases and is used for treatment of bacterial, viral, fungal infections and for the treatment of malaria. A homeopathic formulation has been used since the year 2000 for the prevention and treatment of malaria and appears to be safe and effective. Resistance to neem has not been found in many hundreds of years of use across the world

IN A DAY, WHEN YOU DON'T COME ACROSS ANY PROBLEMS YOU CAN BE SURE THAT YOU ARE TRAVELLING IN A WRONG PATH - SWAMI VIVEKANANDA :



Materials and methods: The purpose of the study was to research whether the daily use of homeopathic neem medication decreases the number of malaria attacks within 6 months and up to 2 years of treatment in a population of both children and adults in the area of Musoma, Tanzania. This was a single arm, prospective, observational trial in subjects with recurrent malaria attacks in an at-home setting. The 6 months follow-up data are presented here. Efficacy data was based on subject reports gathered by questionnaires. Malaria symptoms were not objectified by a clinical diagnosis. The homeopathic medicine used in the trial is an Mother tincture carrying the medicinal properties of the neem leaves.

I'M NOT IN COMPETITION WITH ANYBODY BUT MYSELF...... MY GOAL IS TO BEAT MY LAST PERFORMANCE - BILL GATES

Results: 152 patients were enrolled in the trial: 79 children with a mean age of 11 years (4-18) and 73 adults with a mean age of 37 years (19-93). The group of children consisted of 37 girls and 42 boys. All subjects reported at least one malaria episode in the previous 12 months

There were no reports of side-effects during the treatment.

Conclusions: The homeopathic neem preparation has shown to be effective for the reduction of malaria attacks in a highly endemic area for *Plasmodium falciparum*. The treatment is safe

. Preclinical trials have shown that neem acts through two different pathways. One is by directly attacking the causative micro-organisms, the other is by boosting the host's immune system on both the humoral and the cellular level.⁸

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